

**Draft Minutes Greater East Bay ACA Intergroup (GEBACA)**  
**January 22, 2022 1030 a.m-12:00 p.m.**

Zoom only meeting.  
Meeting ID: 116 286 465  
Passcode: 103012

**Meeting Agenda**

**A. Serenity Prayer and Introductions**

Present: Shari K– Chair; Carmen B– Treasurer; Marcus H- Secretary; Jeremy C- Webmaster; Dean P- Literature Officer; Denise P-C-Public Information Officer; Zoe H- 2022 ABC/AWC Liaison; Jesse- Web Assistant; Irma D. - IGR Fri 6:30pm Benicia; Amy-Alternate IGR Danville Sunday Solutions.

Welcome to new IGRs: Alicia- IGR Turtle Island Thursday; Terri- IGR Tues 4pm People of Color; Shauna T.- IGR Brentwood Wednesday.

**B. Standard Meeting Readings**

- . GEBACA Mission Statement.
- . Concept I
- . Tradition one
- . Tradition one Meditation

**C. Review and Approval of Agenda**

Motion: To approve Agenda as written  
MSC (Motion, Seconded, Carried)

**D. Review and Approval of November Meeting Minutes**

Motion: To approve Minutes as written  
MSC

**E. Guest Input – 10 minutes**

A new literature order form was developed by Jesse Assistant Webmaster which will be posted online after review at this meeting. It is an invoice and will generate an email to the Literature Officer and a pdf to the Literature Officer and the purchaser. The Literature Officer will collect the money by the method selected. This will be available only to groups and members in the greater East Bay area otherwise they are directed to <https://adultchildren.org/literature/>. The Literature Officer will arrange for delivery method which will not include shipping.

**F. Trusted Servant's Reports – 3-to-4-minute reports**

1. GEBACA Chair Report. [chair@gebaca.org](mailto:chair@gebaca.org)
  - . Summary of Jan 8<sup>th</sup> QSM

We changed it from hybrid in person/online to online only, due to concerns regarding the Covid surge. Over 70 people attended including people from other states and countries. The two speakers were excellent and the recordings are posted on the gebaca.org website. Our April QSM may be in person depending on the Covid situation.

2. Secretary. [secretary@gebaca.org](mailto:secretary@gebaca.org) The January WSO Board Teleconference primarily involved obtaining a sense of the ACA memberships opinions on whether to change the 2022 ABC/AWC from hybrid to all online due to Covid concerns. The discussion was open to everyone in attendance as was the straw poll vote. Discussion included that there were very low registration numbers and International travel restrictions as well as concerns about Covid transmission to people traveling to and attending in person events. The straw poll was over 90% in favor of having an all online 2022 ABC/AWC and canceling the in person San Francisco events.

A member stated that ACA did not send any notice of the cancellation and the member only knew from the hotel refund. This will be reported to the Host Committee at the next meeting.

3. Vice Chair. [vicechair@gebaca.org](mailto:vicechair@gebaca.org)

4. Treasurer's Report. [treasurer@gebaca.org](mailto:treasurer@gebaca.org)

#### November

Income: \$99.40 7<sup>th</sup> Tradition

Expenses: \$29 Shopify, \$30 Zoom

Net income: \$39.61

Cash on Hand: \$8, 984.41

#### December

Income: \$211 7<sup>th</sup> Tradition, \$217 book sales \$

Expenses: \$255.85 purchases, Shopify \$3.71, \$80.50 Zoom

Net Income: \$87.94

Cash on Hand: \$9,043.35

5. Literature Report. [literature@gebaca.org](mailto:literature@gebaca.org)

. sales and inventory

Ordered: 10 Yellow Workbooks, 8 Soft Cover BRBs, 3 Hard Cover Meditation Books, 5 Soft Cover \$255.85 total. Made about 10 deliveries to groups and individuals.

Inventory: Literature - \$515 Chips - \$645

Planning to order soon especially for Loving Parent Guidebook.

6. Communication Report [communications@gebaca.org](mailto:communications@gebaca.org)

. Update Contact List

New IGRs and Board members will be added. Communications list goes out each month with contact information and information useful to the groups. This month we will send out the Bylaws and Roles and Responsibilities of the Officers.

7. Website Report. [webmaster@gebaca.org](mailto:webmaster@gebaca.org)

Two QSM speaker recordings posted, added a Friday meeting of Safe Space for Asians, Asian Americans, Pacific Islanders, and South Asians and removed a couple of meetings that have stopped meeting.

A hand-off of GEBACA email accounts will be coordinated. Will work on adding a contacts page to the website.

8. Events/Activities. [eventofficer@gebaca.org](mailto:eventofficer@gebaca.org)

**9. 2022 ABC/AWC liaison. [holdfam@gmail.com](mailto:holdfam@gmail.com)**

There will be 2 more meetings to tie up loose ends. Decisions will be made on returning any money raised for the events. Some people are a little stunned that we are not having any face to face events in San Francisco. There are people who have been working on this for 3 years. WSO is looking for volunteers to help with the online ABC/AWC.

**10. Public Information. [info@gebaca.org](mailto:info@gebaca.org).**

WSO committee is working on social media aspect of Public Information. Suggestion that there might be a way to do online Public Information for the online 2022 ABC/AWC.

**11. H&I. [hospital-institution@gebaca.org](mailto:hospital-institution@gebaca.org).**

Working on doing a literature donation.

Goals for 2022 are literature donation and starting meetings in facilities.

The H& I Officer is working with a person from WSO and a person from Region 2 on putting together a workshop for the business conference. They've met a couple times and are set to meet again next month. And she has been gathering some info about local H&I activities.

More will be reported in February.

**12. Young person liaison. [youngpeople@gebaca.org](mailto:youngpeople@gebaca.org)**

This position is vacant at present. The Chair will monitor the email account. The Monday 7pm meeting is online and meets every 3 months in person outside.

**13. Diversity and Inclusion Committee [diversity@gebaca.org](mailto:diversity@gebaca.org)**

The meeting time changed to 2<sup>nd</sup> Thursday of the month at 6:15pm, everyone welcome. There is a survey on [gebaca.org](http://gebaca.org) main webpage to get an idea of our strengths and what we want to work on to move forward in the next year. Items under consideration for the next year are a diverse speaker list, a cultural event and Ready Set Go.

**14. Intergroup Rep Updates**

Amy from 6pm Sunday Danville group said they have moved back to virtual due to dwindling attendance from Omicron surge and return to hybrid on February 27. It will be updated on the website.

Terri IGR Tues 4pm People of Color meeting asked if a person can be IGR for 2 meetings. The Chair thinks so but will look into it and get back to her.

**G. Old Business**

1. Update on the literature process

**H. New Business**

1. Election for vacant 2022 GEBACA officer positions

Motion: Jeremy C. be elected to Webmaster position

MSC Unanimous

Motion: Denise P-C. be elected to Hospitals and Institutions position

MSC Unanimous

Motion: Zoe H. be elected to Communications position

MSC Unanimous

Motion: Jeremy C. be elected to 2022 Annual Business Conference Representative position

MSC Unanimous

## 2. Accomplishments from 2021.

- . 4 Quartely Speaker Meetings (QSM)
- . 3 workshops (topics Shame, Inner Critic and Inner Child) were hosted.
- . Diversity and Inclusion Committee was started and hosted a 4 speaker QSM.
- . Young Person meeting was started by an active Young Persons Representative.
- . Several new meetings started including several with focus on persons of color.
- . Supported 2 new meetings with our Start It Up grant.
- . Many updates and enhancements to the website were made by the Webmaster and Assistant Webmaster.
- . Public Service Officer for GEBACA very active with collaboration with WSO Public Service and H&I committee. WSO held their first virtual "ACA Information Day." This was geared toward healthcare professionals and three of our board members spoke at the conference.

## 3. Goals for 2022

- . H & I - literature donations and starting a meeting/meetings in institutions.
- . Assist with transitioning to in person meetings.
- . Planning process for workshops for the year.

Shauna and Denise expressed interest in working on H & I and the Chair will include them in the meetings going forward.

4. The Chair will communicate with WSO about the process for vetting sponsorship of events listed on their website. This is due to a workshop being listed as sponsored by GEBACA when it was sponsored by an individual. The individual just put down GEBACA because he did not have any sponsoring group.

5. Motion: That we use ½ February meeting to vote on 2022 ABC/AWC ballot proposals  
MSC Unanimous

## I. Announcements

1. Diversity and Inclusion Survey. <https://gebaca.org/diversity-and-inclusion-survey/>
2. Virtual Only.  
WSO Annual Business Conference (ABC) Thursday April 21& Friday April 22.  
WSO ACA World Convention (AWC) Friday night April 22 through Sunday lunch April 24<sup>th</sup> 2022.
3. 2022 ABC Proposal/Ballot. 13 proposals. Voting starts 2/15/22.

Meeting adjourned 12:04

**Next GEBACA Meeting:** February 26, 2022  
Zoom only - Meeting ID: 116 286 465  
10:30am-12 noon <https://zoom.us/j/116286465>

