

# Draft Minutes for Greater East Bay ACA Intergroup (GEBACA) Meeting of January 28, 2023 1030 a.m-12:00 p.m.

Zoom only meeting.

## Meeting Agenda

### A. Serenity Prayer and Introductions

Present: Shari K-Chair; Carmen B-Treasurer; Marcus H-Secretary; Zoe H-Communications Officer; Jesse-Webmaster; Denise P-C Public Information Officer; Irma IGR- Fri 6:30-7:45pm *Benicia ACA*; Rene' IGR- Mon 6-7pm *Spanish ACA*; Dawn IGR-Tues 7-8:30pm *Berkeley Tuesday Night*; Carla IGR- Thurs 7-8pm *Clothesline Group*; Darren C. IGR- Wed 11am-12:30pm Wednesday People of Color; Guest Michael

### B. Standard Meeting Readings

- . GEBACA Mission Statement.
- . Concept I
- . Tradition One
- . Tradition One

### C. Review and Approval of Agenda

Approved as written

### D. Review and Approval of November Regular Meeting and Annual Meeting Minutes

Approved as written

### E. Guest Input

### F. Trusted Servant's Reports – 3-to-4-minute reports

1. GEBACA Chair Report [chair@gebaca.org](mailto:chair@gebaca.org).
2. Secretary [secretary@gebaca.org](mailto:secretary@gebaca.org)

Report on WSO Monthly Teleconferences

See reports WSO telecon 1\_14\_23 Report.pdf and WSO telecon 12\_10\_22.pdf

December Teleconference: Total assets for the 9 month period down \$90,000. Income from 7<sup>th</sup> Traditions was 16.5% of total income if we can raise it to 21% we will be in positive income. We do still have cash reserves. Other 12 step groups are also having financial problems and one has stopped publishing due fiscal restraints. All English ACA books are available in digital form online at [adultchildren.org](http://adultchildren.org). If we buy digital books there rather than through Amazon/ Kindle a much larger amount of money goes to ACA.

January Teleconference: 7<sup>th</sup> Traditions were 19% under budget year to date. Published 1800 Polish Yellow Work Books and 1000 French Big Red Books. Pause on pursuing audio books due to budget restraints, online meetings have likely reduced 7<sup>th</sup> Traditions. The 12 Ballot Proposals for the 2023 ABC are published and voting will begin the end of February. The threshold for a proposal to reach the ABC is back to 2/3 rather than 60% of the meetings voting as it was for the last 2 years in order to increase the number of Ballot Proposals.

It is the 45<sup>th</sup> birthday of ACA celebrated on the last Saturday of January. 7 for the 7<sup>th</sup> asks members to donate \$7 to WSO to commemorate the birthday.

3. Vice Chair [vicechair@gebaca.org](mailto:vicechair@gebaca.org). **Open position**

4. Treasurer's Report [treasurer@gebaca.org](mailto:treasurer@gebaca.org)

Reports for period of 11/19/22 - 01/20/23

**Income**

7th Tradition - Meetings 430.15

Book Sales 120.65

**Total Income \$550.80**

**Expenses**

7th Tradition - WSO 3,000.00

ZOOM 75.99

**Total Expenses \$3,075.99**

**NET INCOME \$ -2,525.19**

Monthly Zoom accounts cost will increase from \$14.99 to \$15.99/mo.

We will change the billing of accounts so they all come from the same financial account.

We have 2 monthly(\$14.99/mo. ea.) and one annual(\$12.99/mo. ea.) Zoom accounts.

Next month we will discuss possibly changing more to annual accounts and a possible Tech Soup discount on bundled annual accounts.

5. Literature Report [literature@gebaca.org](mailto:literature@gebaca.org)

6. Communication Report [communications@gebaca.org](mailto:communications@gebaca.org)

Update Contact List

The Stockton 4:30pm online meeting has joined GEBACA.

7. Website Report [webmaster@gebaca.org](mailto:webmaster@gebaca.org) **Org**

Motion : That we enable closed captions on our Zoom accounts.

Moved: Irma Second: Jesse

Passed: Unanimously

People will not be able to save the transcript and individuals will enable it for themselves.

We will post our annual budget and the Profit Loss Summary Report.

8. Events/Activities [eventofficer@gebaca.org](mailto:eventofficer@gebaca.org) **Open position.**

9. Public Information [info@gebaca.org](mailto:info@gebaca.org).

On the WSO level, getting involved in social media is being looked at.

There is an ask of member meetings if people know of therapists and counselors who are using the ACA trifold and recommending ACA to their patients.

We are working on the Correspondence Initiative which enables ACAs in prisons and institutions to correspond with ACAs on the outside. We are working on a how to's, do's and don'ts in corresponding. We are contacting Santa Rita and the state prison at Dublin to see if they want to participate.

We will be working on starting a meeting at an institution.

10. H&I [hospital-institution@gebaca.org](mailto:hospital-institution@gebaca.org).

11. Young person liaison [youngpeople@gebaca.org](mailto:youngpeople@gebaca.org) **Open position.**

12. Diversity and Inclusion Committee [diversity@gebaca.org](mailto:diversity@gebaca.org)

From last year's Needs and Strengths Assessment Survey we identified that people weren't sure what to do if something inappropriate was said during a meeting. Our goal with the Diversity Statement was something that could be read and give people an idea of what to do as well as state ACA's position on diversity and inclusion.

Excellent statement and we may consider sending it on to WSO.

Motion: That we adopt the Diversity Statement and that it be read at GEBACA events and meetings.

Moved: Marcus Second: Shari

Passed: Unanimously Abstentions: 1

The person who abstained gave a minority opinion that they needed more time to read it and to take it to the member group to get their opinion.

It was decided to hold off on implementing the motion . We will publish it in the Communications email and take it out to the meetings for feed back. We will discuss it at the next meeting.

Text of the document below...

GEBACA's Diversity Statement states "ACA is an inclusive organization and open to all affected by family dysfunction. We strive to create an atmosphere that reflects the diverse communities we serve and where everyone feels empowered to be their full, authentic selves." It is the purpose of GEBACA that all our meetings and events are inclusive. GEBACA recognizes that not all members are the same, that each person's concept of a higher power is different and we honor and respect all members. We recognize that structural prejudice shapes and affects the everyday lives, well-being and life opportunities of marginalized groups in our society.

We expect the language used in meetings to be loving and caring toward everyone. We honor people from diverse backgrounds in alignment with Tradition 1: Our common welfare should come first; personal recovery depends on ACA unity. If you hear or observe something in this meeting that is inconsistent with our commitment to inclusion, we ask that you practice allyship and speak up. Anyone can ask for the diversity and inclusion statement to be read if they feel that offensive words have been used. The statement will then be re-read to the group. We want our Intergroup meetings and events to feel safe for all.

**13. ABC Delegate Report**

**14. Intergroup Rep Updates**

Fremont Thursday Night Clothesline Group has just had their first hybrid meeting.

San Leandro Tuesday night meeting is starting up again and will be in person.

Thursday Turtle Island meeting is starting a Loving Parent Guidebook meeting on Saturdays at 4pm.

## **G. Old Business**

1. Changing regions - still on hold, no new information.
2. Script to introduce a speaker (request from a member from Monterey Bay ACA)

The information has been passed on to the group.

## **H. New Business**

1. Diversity Statement (Diversity and Inclusion Committee)

We will put this out in the Communications Email.

2. 2023 ABC Ballot Proposals published 1/18, voting starts 2/25

We will send these out in Communications email.

We will discuss and vote on the first 6 Proposals at the next meeting

### 3. Goals for 2023

- a. Hospitals and Institutions to participate in the WSO Penpal Program.
- b. Facilitate the setting up of member Study Groups for Steps, Traits and Loving Parent Guidebook.
- d. Update the Roles and Responsibilities document.

We will send out this document and the By Laws and people can send in comments or changes to the Chairperson and we may discuss them at our next meeting.

- e. Create a defined pathway for GEBACA to sponsor Group or member initiated workshops.

### **I. Announcements**

**Next GEBACA Meeting:** Saturday February 25, 2023  
Zoom only - Meeting ID: 116 286 465  
10:30am-12 noon <https://zoom.us/j/116286465>